

5TH INTERNATIONAL CONFERENCE ON AYURVEDA EXPLORING INTERCONNECTEDNESS OF MAN AND NATURE ON DECEMBER 11-18, 2015

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Abstract

Exploring holism or interconnectedness in the context of the nine Grahas (planets) and their influence on all aspects of life, as understood by Ayurveda and allied Indian knowledge systems, will be the theme of the 5th International Conference on Ayurveda – Where Science Meets Consciousness, at Vaidyagrama Ayurveda Healing Village, Coimbatore, India, from December 11-18, 2015. This conference will explore the concept of holism in greater detail, specifically in the context of the Navagrahas. Each day of the conference will be devoted to the study and understanding of a specific graha and its influence on our lives. For each graha, we will specifically examine Elements, Day, Season, Pujas, Homams, Mantras, Body part, Mind, Diseases, Herbs, Grains, Pulses, Animals, Colours, Music, and, Yoga. Each will be studied in the context of Ayurveda, Jyothisha, Tantra, Yoga and other allied Indian knowledge systems. Thus a deeper understanding of the influence of the graha of the particular day will be achieved, which will facilitate healing at a deeper level. For details on registration fees and more details please visit our website www.AyurvedaConference.com

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CONFERENCE 2015

The core of all Indian knowledge systems (Sastra) and the core of Ayurveda are connected. This connection or the “web of life” is not superficial where all core principles and values are connected at a deep level. Each Sastra component has an X factor. Understanding the X factor of one Sastra will give a deep understanding of all Sastra. Thus this conference is the purview of the whole gamut of Indian knowledge systems.

In the classical context, when information passes through the human mind, it undergoes transformation, which unfortunately is not happening now consistently. This is due to many reasons including diminished memory, comprehension and analytical faculties. Consequently the crux is never identified and sufficient efforts are not directed to understand this transformed crux.

The international conference on “Ayurveda – Where Science Meets Consciousness” is a platform to understand the essence of all Indian knowledge systems; to understand the interconnectedness of these systems at the deepest levels; and to understand and nourish every Sastra in the interest of universal benefit.

Understanding the logic behind the principles and practices in each of these knowledge systems is necessary and understanding the relationships between the different systems makes the understanding complete.

Indian knowledge systems are not being shared or applied today. The "Where, What, When, Why, Which and How of Sastra currently remains unknown to most people. Hence the work of the Conference needs to be undertaken where all Indian knowledge systems will get nourished with this transformed thinking. The information has to get translated at a logical, philosophical and conceptual level. There are very few people

who even attempt to do this. It is the seekers of knowledge who should take the initiative and discuss to elicit information. The Conference will offer a platform for the seeker to gain fruit of knowledge in this process. Knowledge thus imbibed is more efficient and effective.

There was an era when the Acharyas could single handedly handle all Indian knowledge systems. Today, individuals are trained in any one science, and they do not have the education, experience and thus the ability, to spread the purview of their learning to other sciences. There are hardly any intellectual prodigies today, and there is no one even near the crux of the science, and neither is anyone who is leading too. The old era is what should be brought back" should not be included here. Consider replacing this part as follows, but note that it changes the sense: "The old era of "holistic" (to be read with "holistic") learning and practicing was complete and considerable. This should be brought back; that is the thought to be revived. For the effort has to be together, to be whole, to be complete, for the caregiver to consider all. This will lead to a state when 'we are transforming' to 'we are transformed'".

This is, in brief, what is being attempted at this conference. We would like to see thinkers, theoreticians, practitioners, students, end-users from varied disciplines within the Sastra circle as also within the circles of western science come together on this common platform and discuss and debate the various principles and practices to better understand this interconnectedness for the benefit of mankind – the discussion, the debate is with a view to learn, to grow; not with a view to finding fault with each other.

The individual is non-different from the universe. All natural phenomena in the universe exist in the individual. The wise desire to perceive all phenomena are in this way.^[1]

One who practices medicine, after learning the sciences from a preceptor and engaged constantly in recollecting it, such a person can only be called a physician.^[2]

When we increase our understanding of this relationship between the microcosm and the macrocosm, we can apply the knowledge thus gained to clinical and daily practice, and enhance positive results for our patients, for us, for the earth, and beyond.

- How Jyotisha (Astrology), the qualities and movements of the nine “planets” (navagrahas), the twelve constellations of the zodiac (rashis), and other celestial influences impact human physiology and experience, how we might detect those, their influences, and how to improve our relationship with them.
- How sthapatyaveda or the science of “understanding space” helps improve interconnectedness.
- How gandharvaveda or the science and art of music and dance also contributes to interconnectedness.
- How tantra explains the interconnectedness at a deeper level.
- How mantras (Chanting) and pujas (Prayers) also facilitate this holistic approach towards the study of man and nature.
- How yoga is similarly positioned and so on...

A GLIMPSE OF THE CONFERENCE....

After hosting four Conferences away, we are happy to invite you to the home of Vaidyagrama (Healing village) for the fifth. The venue of the conference keeps with the theme of the Conference - "Exploring Interconnectedness of Man and Nature". Vaidyagrama Ayurveda Healing Village aspires to be a green eco-friendly self-sustainable authentic Ayurveda healing space in the green laps of Nature in the outskirts of Coimbatore, South India.

You may ask if it is an Ayurveda Conference. We like to answer that it is a Conference about Ayurveda also, but that is not all. It is also about Yoga, Sthapatya Veda, Gandhara Veda, and more Indian Knowledge Systems. You will learn about Man in Nature, and about Ayurveda better in relation with its allied sciences. There is a huge learning opportunity that awaits you at the Conference. We aimed to bring out the best of all knowledge system worlds, where you get to begin to understand the big picture of man in relation to his context.

The Conference schedule will have discussions, talks, satsangs, expo, demonstrations, Samaradhana poojas, yoga, performing arts - all planned to be tuned in to the theme, for you to have a wholesome understanding. Your learning prowess will be enhanced with various modes as talks, audio visual presentations, demonstrations, practical sessions and more.

Here is also your opportunity to leave a mark at the event by giving your best thought and presenting your Papers and Posters on the theme. We shall be happy to have you share your views, and it would certainly go a long way to taking the theme more ahead at the Conference.

The Expo at the Conference will be a vast window for you to get a true glimpse of the services and goods in all Indian Knowledge Systems - all at one glance, from the best in the fraternity themselves.

You may be uninitiated, but we thought of you again, and planned the Pre-Conference Workshops for you to step into learning with greater confidence. We wish it to be a beginning of a learning process for you. The Conference just aims to light a lamp of quest in you, which you take ahead outside, and thus brighten your life and your world.

Your learning spaces would be mainly set in a main venue, parallel session venues, Pooja space, expo booth, simple accommodation - all designed naturally at vaidyagrama for you. The Atmosphere will be of wellness and knowledge and the serene nature and pleasant December weather would set the stage for your learning and healing.

We want to offer more than a Certificate of participation, and we wish that you should feel happier to have been part of this journey and endeavour that would lay a new path on your life's journey to better Wellbeing, Healing, Living, Being.

Structure

- Keynotes;
- Tadvidyasambhasa – discussion between experts;
- Live demonstrations and practical sessions;
- Video sessions of the more elaborate preparation processes;
- Presentation of research papers;
- Informal discussions with experts
- Poster presentation,
- Satsangs

Audience

You should be a part of the conference if you are a

- First-time learner;
- Student of Ayurveda;
- Physician or practitioner of Indian Knowledge System;
- Person seeking a deeper understanding of Indian knowledge systems

- You are welcome to be part of this learning & spiritual experience as well!

For details on registration fees and more details please visit our website www.AyurvedaConference.com

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